

BRUNCH

SATURDAY + SUNDAY

10AM - 2PM

   @PRIMALHFX

PRIMALHFX.CA

OYSTERS

LOCALLY GROWN, SERVED ON THE ROCKS
HOUSE MIGNONETTE, LIME

EACH 3

HUNTERS BREAKFAST

PORK BACON, BKFST SAUSAGE, PORK RIB
TWO SUNNY SIDE UP EGGS OR TWO POACHED EGGS
DUCK FAT POTATOES, MAPLE BEANS, GRILLED FOCACCIA

16

CHARCUTERIE BOARD

CHEFS SELECTION OF THREE, KETTLE FRIED CHIPS
HOUSE CROSTINI, OLD SCHOOL MUSTARD
KITCHEN PICKLES

18

HOLY MOLE BURGER

MOLE CRUSTED ORGANIC CHICKEN BREAST
GUACAMOLE, CHIPOTLE MAYO, FRIED EGG
HAND CUT FRIES

17

SMOKED SALMON

GRILLED FOCACCIA, HOUSE SMOKED SALMON
PRIMAL SALSA, AVOCADO, RED ONION
LIME SOUR CREAM

12

STEAK'N EGG & FRIES (GF)

5oz GRASS-FED ATLANTIC STRIPLOIN, HAND CUT FRIES
SUNNY SIDE UP EGG, HORSERADISH BONE MARROW BUTTER
BEER-NAISE, KETCHUP

18

KALE SALAD (GF)

GOODLEAF FARMS YOUNG KALE, BLUE CHEESE
MAPLE ROASTED PEANUTS, SWEET PEPPERS
CROUTONS, APPLE VINAIGRETTE

10

EGG WHITE FRITTATA (GF, VEG)

FOUR EGG WHITES, BLISTERED TOMATOES, POTATO
GREEN BEANS, AVOCADO, BRIE CHEESE
SALSA VERDE

16

CAESAR SALAD

GRILLED ARTISANAL ROMAINE, SIX MINUTE EGG
CROUTONS, MOLASSES BACON LARDONS, PARMESAN
OLD SCHOOL DRESSING

12

SHORTRIB POUTINE (GF W/OUT CRISPY ONIONS)

BRAISED BEEF SHORTRIB, QUEBEC CHEESE CURDS
HAND CUT FRIES, CRISPY ONIONS
PRIMAL JUS, BEER-NAISE

13

SCOTCH EGG

DUCK EGG, HAND-CRANKED PORK SAUSAGE MEAT
PANKO CRUMBED 'N FRIED, MICRO SALAD
BURNT APPLE VINAIGRETTE

14

DUCK LEG CONFIT

BROME LAKE DUCK LEG CONFIT, FRIED EGG
DUCK FAT POTATOES, BLISTERED TOMATOES
CARAMELIZED RED ONIONS, MOLASSES BACON LARDONS

18

BANANA FRENCH TOAST

BANANA BREAD FRENCH TOAST, PORK BACON
WHIPPED CREAM, BERRY COMPOTE
SMOKED MAPLE SYRUP

14

KOREAN PORK BOWL

PORK BELLY & PORK RIB, STICKY RICE, RICE CRACKER
HOUSE MADE KIMCHI, 62° EGG, ASIAN GREENS, SCALLIONS
SESAME, GOCHUBANG SAUCE

16

STEAMED BAO BUN

SLOW BRAISED PORK BELLY, SUNNY SIDE UP EGG
HOUSE MADE KIMCHI, CILANTRO, BANG BANG SAUCE

12

CHICKEN UDON BOWL (CONTAINS SHELLFISH)

TOGARASHI SPICED MISO CHICKEN, UDON NOODLES
PORK BONE DASHI, 62° EGG, ASIAN GREENS
SHIITAKE MUSHROOMS, GRILLED NORI

14

ADDITIONS EACH 4

BKFST SAUSAGE, PORK BACON, SMOKED SALMON, DUCK FAT POTATOES, GRILLED FOCACCIA, HAND CUT FRIES, FREE RANGE EGG

BEVERAGES

JUICES

(APPLE, ORANGE, GRAPEFRUIT, CRANBERRY)

3

WATER 500ML

(SPARKLING OR STILL)

4

POP

3

MILK

3

CAFFEINE

LOCALLY ROASTED COFFEE

3

ESPRESSO

4

CAPPUCCINO

4

LATTE

4

TEA

3

SPECIALTY COFFEE (1oz LIQUEUR)

9

BOTTLENECK COLDBREW COFFEE

4